

MENU



PANAM
RESTAURANT AND BAR

DAYTIME DISHES AVAILABLE UNTIL 5PM

BREAKFAST

Full English platter* to share **£10.00**
Grilled bacon, Cumberland sausage, black pudding, fried mushroom, grilled tomato, fried egg, hash brown, beans, toast **per person**

Meat-free breakfast* **£10.00**
Sausages, black pudding, two eggs, tomato, mushrooms, beans, hash browns, toast

HOT CIABATTA SANDWICHES

Brooklyn Steak **£12.50**
Steak strips, Jack cheese, BBQ sauce

Clubhouse **£12.50**
Chicken, bacon, Jack cheese, red onion jam

Cubana **£11.50**
Roasted vegetables, caramelised onions, melted cheese

Sandwiches are served with lettuce, tomato, seasoned fries and coleslaw

Vegan breakfast* **£10.00**
Sausages, sliced avocado, sweet potato hash, tomato, mushrooms, beans, toast with olive oil

*Ingredients may not be substituted.

Add a glass of fruit juice and tea or coffee to your breakfast **£4.00**

PIZZA

Margherita **£9.95**
Tomato, mozzarella, olive oil, Parmesan

Sloane Ranger **£11.50**
Margherita pizza, prosciutto, rocket

Class Act **£11.95**
Tomato, goats cheese, pesto, pine nuts, olive oil, rocket

Texas Heat **£11.95**
Tomato, cheddar, bbq chicken, chilli beef, jalapenos

HOUSE FAVOURITES

Home style fish & chips **£12.95**
Battered fillet, hand cut chips, minted mushy peas

Rotisserie chicken **£11.95**
Half bird, choice of glaze, French fries, green salad, oil and vinegar dressing
Glazes - Piri piri, Jamaican jerk or lemon herb & garlic

Caribbean curry **£11.95**
Curried coconut broth, sweet basil, palm sugar, tamarind, rice, hot flat bread
Add chicken breast fillet **£2.00**

Caribbean fishcakes **£12.95**
Panko coated, tuna, smoked mackerel, prawns, French fries, pineapple & mango salsa

St Louis ribs **£18.50**
Six hour smoked pork belly ribs, herb rub, barbecue & maple glaze, French fries, coleslaw

Louisiana chargrilled Tuna steak **£17.95**
Served pink, crushed creole sweet potato, wilted greens

PASTA & SALAD

Penne Al Funghi **£11.00**
Wild mushrooms, cream sauce, rocket, truffle oil

Penne Mexicana **£12.00**
Bacon, chorizo, spicy tomato sauce, Parmesan

Penne Salmone **£12.00**
Smoked salmon, cream sauce, Parmesan

Caesar salad **£10.00**
Baby Gem lettuce, garlic croutons, Caesar dressing, Parmesan cheese
Add grilled chicken or smoked mackerel **£2.00**

Rio Frio salad **£12.50**
Home smoked salmon, lettuce, cherry tomatoes, cucumber, olive oil, sea salt, dill dressing

EVENING SPECIALS

SERVED FROM 5PM

Jambalaya **£15.00**
Cajun rice, chicken, chorizo, shellfish, tomato crostini

Goats cheese tartlet **£14.00**
Caramelised onion, rocket & candied walnut salad, sweet potato fries

Brazilian seafood stew **£16.00**
Coconut & peanut broth, mussels, prawns, white fish, rice & beans

"Paper Bag" Salmon **£14.50**
Jerked cream sauce, rice & beans, steamed greens

Bajan Shank **£17.95**
Braised lamb, coconut cream, sweet potato, bonnets, coriander, rice & beans

Pollo al Funghi **£13.95**
Chicken breast fillet, wild mushroom cream sauce, garlic, mashed potato, seasonal vegetables

GLUTEN FREE & VEGAN MENUS AVAILABLE UPON REQUEST

We prepare our food in kitchens with products containing gluten and nuts as well as other allergens. We cannot guarantee that any food items will be 100% free from any allergen due to the risk of unexpected cross-contamination. Please ask a member of our team for more information!

FROM THE GRILL

BURGERS

On a brioche bun (except Black & Blue burger) with lettuce, tomato, red onion, garlic mayo and gherkin, with seasoned fries and coleslaw

Gourmet Beef Burger **£11.95**
Handmade prime minced beef patty

The Panam Jack **£12.95**
Gourmet beef burger with Jack cheese

Down 'N' Dirty **£13.95**
The Panam Jack with pulled Texas chicken, smokey barbecue sauce, onion crunchies

Sao Paulo Chicken **£12.95**
Chargrilled breast, piri piri marinade

Spicy bean burger **£12.00**
Chilli jam, guacamole, coriander

Black & Blue burger **£14.00**
Black Angus beef patty, blue cheese, charcoal black seeded bun

PRIME STEAKS

Featherblade Steak **£14.95**
To maintain tenderness, should not be cooked intensely due to its structure - we recommend medium rare to medium.

Hand cut chips, herb butter, green salad with oil and vinegar dressing.

New York steak classic **£19.95**
Aged sirloin, herb butter, hand cut chips, roasted tomato, field mushroom

For steak sauces, please see Sides section.

EXTRA SIDES

ALL SIDES - £2.95

Hand cut chips
Seasoned fries
Mixed leaf salad
Crispy battered onion rings

SAUCES

ALL SAUCES - £2.00 EACH

Peppercorn
Mushroom
Blue Cheese

SWEETS

Boston chocolate brownie **£5.50**
Ferrer-o ice cream, chocolate sauce, whipped cream, Rossini curl

Homemade cheesecake pot **£5.50**
Flavour of the day, vanilla ice cream

Sticky toffee pudding **£5.50**
Rich toffee sauce, toffee fudge ice cream

Belgian Waffle **£5.50**
Banana ice cream, whipped cream, caramel sauce

Gluten free salted caramel brownie **£5.95**
Vanilla ice cream

Panam Mess **£5.50**
Meringue pieces, winter berries, marshmallows, whipped cream

Ice cream and sorbets **£4.50**
Two scoops - Vanilla, strawberry, chocolate, toffee fudge, coconut, Ferrer-o, banana **Sorbets** - mango, lemon, strawberry